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Seroprevalence of immunoglobulin M and G antibodies against SARS-CoV-2 in China

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Detection of asymptomatic or subclinical novel human coronavirus SARS-CoV-2 infection is critical for understanding the overall prevalence and infection potential of COVID-19. To estimate the cumulative prevalence of SARS-CoV-2 infection in China, we evaluated the host serologic response, measured by the levels of immunoglobulins M and G in 17,368 individuals, in the city of Wuhan, the epicenter of the COVID-19 pandemic in China, and geographic regions in the country, during the period from 9 March 2020 to 10 April 2020. In our cohorts, the seropositivity in Wuhan varied between 3.2% and 3.8% in different subcohorts. Seroposivity progressively decreased in other cities as the distance to the epicenter increased. Patients who visited a hospital for maintenance hemodialysis and healthcare workers also had a higher seroprevalence of 3.3% (51 of 1,542, 2.5-4.3%, 95% confidence interval (CI)) and 1.8% (81 of 4,384, 1.5-2.3%, 95% CI), respectively. More studies are needed to determine whether these results are generalizable to other populations and geographic locations, as well as to determine at what rate seroprevalence is increasing with the progress of the COVID-19 pandemic. Serologic surveillance has the potential to provide a more faithful cumulative viral attack rate for the first season of this novel SARS-CoV-2 infection.

The novel human coronavirus SARS-CoV-2 is a highly contagious virus, and its disease, COVID-19, can lead to significant morbidity and mortality in a proportion of patients¹⁻³. On 12 March 2020, the World Health Organization declared it a global pandemic⁴. As of 12 May 2020, there were more than 420 million confirmed infections globally in more than 180 countries with over 290,000 deaths (https://www.arcgis.com/apps/opsdashboard/index.html#/ bda7594740fd40299423467b48e9ecf6).

Detection of SARS-CoV-2 in asymptomatic individuals^{5,6} suggests that subclinical active infection might be an important contributor to this outbreak. Currently, reported cases of COVID-19 are mainly limited to symptomatic individuals, those having close

contact with confirmed patients and those with a history of travel to the epidemic regions, and the diagnosis is usually based on a viral RNA test by reverse transcription polymerase chain reaction (RT–PCR) that appears to be sensitive to the assay method and the timing of specimen collection, transportation and storage^{7,8}. As such, a large number of subclinical and asymptomatic infected individuals might have been undetected.

Assessing the cumulative prevalence of SARS-CoV-2 infection will help our understanding of the epidemiology of the outbreak, the contagiousness of SARS-CoV-2 and the immunity to COVID-19 in both the vulnerable and general populations^{9,10}. The serological test for the presence of antibodies (IgM or IgG) against SARS-CoV-2 might provide a more accurate estimate of the cumulative prevalence of SARS-CoV-2 infection in a population compared to the viral test, as the antibodies against the virus, in particular IgG, are likely to persist for a longer period of time after the viral infection is cleared. In this study, we conducted a serological survey using a validated assay for IgM and IgG antibodies against the recombinant antigens containing the nucleoprotein and a peptide from the spike protein of SARS-CoV-2¹¹, in a total of 17,368 individuals from four different geographic locations and different populations in China. The survey was conducted between 9 March 2020 and 10 April 2020.

First, we internally validated our serological assay¹¹ with serum samples collected from 447 patients with end-stage kidney diseases for a different study before June 2019, before the pandemic. Of these, 50.9% of patients were male, and the median age was 50.0 years. In the validation test, the serological test showed specificity of 99.3% (444 of 447) and 100% (447 of 447) for IgG and IgM antibodies, respectively. In this validation set, three samples had borderline positive results for IgG antibody in the initial test and became negative upon re-testing and then were considered false positives. Second, we conducted the assay in serum samples collected from 242 patients with COVID-19 confirmed by a viral nucleic acid RT–PCR test (SARS-CoV-2 ORF1ab and N gene) on nasopharyngeal swabs⁷. In this testing set, 136 patients were male (56.2%),

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Fig. 1| The cumulative seropositive rates of IgM and IgG antibodies to SARS-CoV-2 antigens in 242 patients with COVID-19. All patients were confirmed by the RT-PCR test for SARS-CoV-2 RNA. One blood sample within 28 d after the onset of symptoms was collected from each patient and tested for IgM and IgG antibodies against SARS-CoV-2. Each serological observation was treated as interval censored, and the cumulative seropositive rates were calculated using Turnbull's method. The dotted lines indicate 95% CIs of the estimates.

32 (13.2%) had severe cases (defined as the need of intensive care and/or mechanical ventilation) and the median age was 47 years. The estimated cumulative seroprevalence for IgM and IgG antibodies are presented in Fig. 1. The cumulative seroprevalence of IgM

and IgG were 44% (37–50%, 95% CI) and 56% (49–62%, 95% CI), respectively, on day 7 after the onset of symptoms and reached over 95% on day 20 and day 16, respectively. The levels of both IgM and IgG antibodies appeared to remain above the cutoff value on day 28. It was surprising to see an early and a higher level of IgG response to the same SARS-CoV-2 antigen, suggesting that the value of IgM as an early marker for the acute phase of SARS-COV-2 infection might not be on par with that in other viral infection diagnostics.

After validation of the test, we then evaluated the seroprevalence in different populations in Wuhan, the epicenter of the COVID-19 pandemic in China, including healthcare workers and their family members as well as staff members from the hotels designated for accommodation of the healthcare workers responsible for COVID-19 management. The survey was conducted between 30 March 2020 and 10 April 2020. The seropositive prevalence rate was 3.8% (2.6–5.4%, 95% CI) in the cohort of 714 healthcare workers, 3.8% (2.2–6.3%, 95% CI) in the cohort of 346 hotel staff members and 3.2% (1.6–6.4%, 95% CI) in the cohort of 219 family members of the healthcare workers (Table 1).

To understand the level of exposure to the virus in areas outside of the outbreak epicenter, we surveyed cohorts in two nearby cities to the west of Wuhan, Jinzhou and Honghu of Hubei Province, and estimated a seroprevalence of 1.3% (1.0-1.8%, 95% CI) in 3,091 healthcare workers and 3.6% (2.0-4.9%, 95% CI) in 979 patients who visited the hospital for routine maintenance hemodialysis but did not present symptoms of COVID-19. Moving further west to Wuhan, we found seroprevalence of 3.1% (1.7-5.7%, 95% CI) and 3.8% (2.8-5.2%, 95% CI), respectively, in 319 healthcare workers and 993 hospital outpatients in the city of Chongqing and 0.58% (0.45-0.76%, 95% CI) in 9,442 community residents in Chengdu, the capital of Sichuan Province. Finally, in Guangzhou and Foshan, two major neighboring cities far south of Wuhan, the seroprevalence was 2.8% (1.8-4.6%, 95% CI), 1.2% (0.4-3.3%, 95% CI) and 1.4% (0.6-2.9%, 95% CI), respectively, in cohorts of 563 patients undergoing maintenance hemodialysis, 260 healthcare workers and 442 factory workers.

Table 1 | Demographic characteristics and positive rates of the serological and RT-PCR tests in different study populations

Population	Geographic region	n	Male, %	Median age, year (25th, 75th percentile)	lgG⁺	lgM⁺	lgG ⁺ or IgM ⁺	PCR+
Hospital settings								
Healthcare worker	Wuhan, Hubei	714	17.0%	32 (28, 39)	27 (3.8%)	6 (0.8%)	27 (3.8%)	5 (0.7%)
Healthcare worker	Jingzhou/Honghu, Hubei	3,091	28.6%	35 (29, 47)	37 (1.2%)	4 (0.1%)	41 (1.3%)	10 (0.3%)
Hemodialysis patient	Jinzhou/Honghu, Hubei	979	57.4%	57 (48, 67)	19 (1.9%)	19 (1.9%)	35 (3.6%)	5 (0.5%)
Healthcare worker	Chongqing	319	27.2%	33 (28, 50)	8 (2.5%)	2 (0.6%)	10 (3.1%)	NA
Outpatient	Chongqing	993	52.2%	52 (36, 64)	37 (3.7%)	1 (0.1%)	38 (3.8%)	NA
Hemodialysis patient	Guangzhou/Foshan, Guangdong	563	55.6%	59 (47, 70)	12 (2.1%)	7 (1.2%)	16 (2.8%)	0 (0%)
Healthcare worker	Guangzhou, Guangdong	260	26.5%	32 (27, 40)	1(0.4%)	2 (0.8%)	3 (1.2%)	0 (0%)
Subtotal		6,919	36.9%	41 (31, 56)	141 (2.0%)	41 (0.6%)	170 (2.5%)	20 (0.4%)
Community settings								
Hotel staff member ^a	Wuhan, Hubei	346	50.0%	46 (37, 50)	11 (3.2%)	8 (2.3%)	13 (3.8%)	0 (0%)
Healthcare worker relative	Wuhan, Hubei	219	67%	42 (31, 56)	7 (3.2%)	3 (1.4%)	7 (3.2%)	3 (1.4%)
Community resident	Chengdu, Sichuan	9,442	56.4%	56 (40, 69)	26 (1.4%)	29 (1.6%)	55 (0.6%)	0 (0%)
Factory worker	Guangzhou, Guangdong	442	42.2%	29 (25, 32)	4 (0.9%)	4 (0.9%)	6 (1.4%)	NA
Subtotal		10, 449	48.1%	50 (35, 49)	48 (0.5%)	44 (0.4%)	81 (0.8%)	3 (0.03%)

^aFrom designated hotels for healthcare workers. n, number of individuals studied; NA, not available.

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These results show that seropositive rates in different geographic areas were consistent with the early spread of the SARS-CoV-2 coronavirus in China. Although the highest seropositive rates were observed for IgG, it is important to note that there were individuals with IgM or IgG positivity alone. Therefore, for serologic surveys, both IgM and IgG should be measured (Extended Data Figs. 1 and 2). We also observed that, among the subset of individuals who had been tested for SARS-CoV2 infection by RT-PCR, very few individuals had detectable SARS-CoV-2 viral nucleic acid sequences in their nasal swabs at the time of the collection. Of the 23 individuals who did test positive in the viral RT-PCR test, only 19 were IgG positive and two were IgM positive. In the entire study population, we did not observe significant differences in seropositive rates between genders (1.6% in males and 1.3% in females), but we did find that seroposivity was significantly higher in individuals older than 65 years (2.0% in those \geq 65 years versus 1.3% in those <65 years, *P*<0.01).

Our study had several limitations. Because our study population was not drawn by random sampling, the estimation of the seroprevalence was subject to potential sampling bias. The sensitivity of the serological test also depends on the test time from the onset of disease. Samples collected from infected individuals outside the time window of antibody response could produce false negatives, and therefore the observed seroprevalence in our study could potentially underestimate the true prevalence rate of the disease. Owing to the cross-sectional design of the current study, the dynamic changes of antibody titer in infected individuals over time were not evaluated, and long-term follow-up will be important to define the value of these serology markers in the estimation of the cumulative attack rate in the future.

Online content

Any methods, additional references, Nature Research reporting summaries, source data, extended data, supplementary information, acknowledgements, peer review information; details of author contributions and competing interests; and statements of data and code availability are available at https://doi.org/10.1038/ s41591-020-0949-6.

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Methods

Study design and participants. We enrolled individuals from different populations in seven cities in Huibei Province (Wuhan, Honghu and Jingzhou), Guangdong Province (Guangzhou and Foshan), Sichuan Province (Chengdu) and Chongqing in China. A total of 17,368 individuals, including 2,535 patients, 4,384 healthcare workers, 219 family members of healthcare workers, 346 staff members from hotels designated for accommodation of healthcare workers responsible for COVID-19 management, 442 factory workers and 9,442 community residents, were enrolled. Healthcare workers, family members, outpatients and community residents were recruited by voluntary participation by a public call. Patients undergoing hemodialysis, hotel staff members and factory workers were required to take the serological test at the participant centers after implementation of regulations for COVID-19 surveillance of these populations during the epidemic in China.

Demographic data, including age, gender, residential region and occupation of each participant, were collected. The participants were screened for SARS-CoV-2 infection by a serological test for IgG and IgM antibodies against a recombinant antigen of the virus. For some study populations, RT–PCR tests for viral RNA from nasopharyngeal swabs were also conducted.

Ethics approval. The Medical Ethics Committees of Nanfang Hospital, Sichuan Provincial People's Hospital and Chongqing Medical University approved this study, and all participants signed a consent form.

Laboratory measurements. Nasopharyngeal swabs were collected in each local facility and tested for SARS-CoV-2 RNA in a designated virology laboratory in the region of collection using the real-time RT–PCR assay as previously reported⁷.

Serum samples were collected in clinical laboratories in local outpatient clinics or hospitals. All samples were inactivated at 56 °C for 30 min and stored at -20 °C before testing. The IgG and IgM antibodies against SARS-CoV-2 were measured using a commercially available Magnetic Chemiluminescence Enzyme Immunoassay Kit (Bioscience) according to the manufacturer's instructions. Antibody levels were expressed as the ratio of the chemiluminescence signal over the cutoff (S/CO) value. An S/CO value higher than 1.0 for either IgG or IgM was regarded as positive.

We independently validated the serological assay using sera of 447 patients with end-stage kidney disease that were collected before June 2019 as a negative control and sera of 242 patients with COVID-19 confirmed by the viral RT–PCR test as a positive control and calculated the sensitivity and specificity of the assay.

Statistical analysis. Continuous variables were presented as median (q25 and q75) and categorical variables as counts and percentages. The 95% CI of the seroprevalence was calculated from binomial probabilities using Wilson's methods. Each serological observation in patients with COVID-19 was treated as interval censored (left censored for positive observations and right censored for negative observations), and the cumulative incidence was calculated using Turnbull's method¹².

Reporting Summary. Further information on research design is available in the Nature Research Reporting Summary linked to this article.

Data availability

The data access committee comprises three corresponding authors, and there is no restriction to data access. De-identified individual-level data are available upon reasonable request to F.F.H. at ffhouguangzhou@163.com. Source data are provided with this paper.

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Author contributions

X.X., J.S., S.N. and Y.K. contributed to the study design, data analysis and interpretation. K.Z. and F.F.H. contributed to the study design, data analysis, data interpretation, writing of the manuscript and critical revision of the manuscript. J.Y.-N.L. and G.W. contributed to data analysis, interpretation and writing of the manuscript. H.L. and X.H. contributed to sample measurements. A.H., M.L., J.H. and H.Z. contributed to data analysis and validation of serological tests. Z.Y., Y.K., T.M., D.L., S.G., J.P., L.J., C.X. and Y.S. contributed to clinical management, patient recruitment and data. All authors reviewed and approved the final version of the manuscript.

Competing interests

The authors declare no competing interests.

Additional information

Extended data is available for this paper at https://doi.org/10.1038/s41591-020-0949-6. **Supplementary information** is available for this paper at https://doi.org/10.1038/s41591-020-0949-6

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Peer review information Joao Monteiro was the primary editor on this article and managed its editorial process and peer review in collaboration with the rest of the editorial team.

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Extended Data Fig. 1 | The level of IgG and IgM antibodies against SARS-CoV-2 antigens by regions and settings. Each dot represents the level of IgG (red) or IgM (blue) antibody for an individual. Antibody levels were expressed as the ratio of the chemiluminescence signal over the cutoff value (S/CO). The dotted line is the cutoff value of antibody level (S/CO=1). Hospital settings included health care workers, hemodialysis patients, and outpatients. Community settings included staff from the designated hotels for healthcare workers, healthcare worker relatives, residential community, and factory worker.

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Extended Data Fig. 2 | Scatterplot of the level of IgM and IgG antibodies by settings. Each dot represents the level of IgG (Y axis) and IgM (X axis) antibody for an individual in hospital settings (blue) or community settings (red). Antibody levels were expressed as the ratio of the chemiluminescence signal over the cutoff value (S/CO). The dotted line is the cutoff value of antibody level (S/CO=1). Hospital settings included health care workers, hemodialysis patients, and outpatients. Community settings included staff from the designated hotels for healthcare workers, healthcare worker relatives, residential community, and factory worker.

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Sample size	No sample size calculation was performed. We included all available data in the analysis.		
Data exclusions	None subject was excluded		
Replication	none		
Randomization	Our study is an observation study, no randomization is needed.		
Blinding	Antibody detection were performed independently by researchers blind to samples information. Data analysis were performed by two trained researchers.		

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Human research participants

Policy information about studies involving human research participants

Population characteristics	A total of 17,368 subjects, including 2535 patients, 4384 healthcare workers, 219 family members of healthcare workers, 346 staff members from hotels designed for accommodation of healthcare workers who were responsible for COVID-19 management, 442 factory workers, and 9442 residents in a community were enrolled. Of whom, 43.5% were males and the median age was 48 years.
Recruitment	Healthcare workers, family members, outpatients and community residents were recruited on voluntary participation by a public call. Hemodialysis patients, hotel staffs and factory workers were required to take the serological test at the participant centers following the implementation of regulation for COVID-19 surveillance these population during the epidemic in China.
Ethics oversight	The Medical Ethics Committees of the Nanfang Hospital, Sichuan Provincial People's Hospital, and Chongqing Medical University approved this study and all patients/subjects signed a consent form.

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Study protocol	To estimate the cumulative prevalence of SARS-CoV-2 infection in China, we conducted the serological survey to evaluated the host serologic response, measured by the levels of immunoglobulins M and G in 17,368 individuals in the city of Wuhan, the epicenter of the COVID-19 pandemic in China, and geographic regions in the country, during the period from March 9, 2020 to April 10, 2020.
Data collection	Demographic data, including age, gender, residential region, and occupation of each participant, was collected
Outcomes	RT-PCR testing results for SARS-CoV-2 RNA and serological testing results for antibodies against a recombinant antigen of SARS-CoV-2.